



**Name of applicant:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip code:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Phone(s):** \_\_\_\_\_

## Application Checklist for Provisional Certified Family Life Educator (CFLE) credential from the National Council on Family Relations

**California State University – Sacramento**  
**Family and Consumer Sciences**  
**Sacramento, CA**

**Instructions:** The DEADLINE TO APPLY via the Abbreviated Application process is two years after your date of graduation. Please place a checkmark in the box next to the courses you have completed. All courses or combination of courses listed must be completed. Please note that some courses apply to more than one content area. **If you have graduated, attach an official transcript showing degree completion** and the Abbreviated Application form and submit to the NCFR office, 3989 Central Avenue NE #550, Minneapolis MN 55421. You may apply for the CFLE in your final term of enrollment before graduation with an unofficial transcript and a \$50 initial payment. There is more information on this option on the Abbreviated Application form. Your application will be finalized when we receive your final **official** transcript denoting degree completion and the second payment of your application fee. Please address all questions to (888) 781-9331, ext. 10, or [info@ncfr.org](mailto:info@ncfr.org)

*Applicants are allowed to substitute up to two courses with NCFR approval.* Place an \* by the substituted course. Include the name and course number of the course(s) you are substituting in one of the empty rows at the bottom of the checklist. The substituted course(s) can be from the approved school or from another regionally accredited school, but must have been completed within the past five years. If the substituted course was from a different school, and it does not appear on your final transcript, an official transcript from the other school is required as well. Contact [info@ncfr.org](mailto:info@ncfr.org) if you have any questions about course substitutions.

Family Studies Concentration/Certificate in Family Life Education California State University – Sacramento - Undergraduate & certificate program

✓	<b>NCFR Content Area</b>	<b>Approved coursework at CA State - Sacramento</b>
	<b>1. Individuals &amp; Families in Societal Contexts</b>	<b>FACS 50 – The Family and Social Issues</b>
	<b>2. Internal Family Dynamics</b>	<b>FACS 150 – Family Stress and Coping</b>
	<b>3. Human Growth and Development</b>	<b>FACS 052 – The Child and the Family AND FACS 152 – Adolescent Development AND FACS 159 – Adulthood/Aging in Human Development</b>
	<b>4. Human Sexuality</b>	<b>PSY 134 – Psychology of Human Sexuality OR Health SCI 134 – Understanding Human Sexuality</b>
	<b>5. Interpersonal Relationships</b>	<b>FACS 108 Family Communication OR COMS 143 – Theories of Interpersonal Communication</b>
	<b>6. Family Resource Management</b>	<b>FACS 140 – Family Resource Management</b>
	<b>7. Parent Education and Guidance</b>	<b>FACS 154 – Issues in Parenting OR CD 130 – Parent Education</b>
	<b>8. Family Law and Public Policy</b>	<b>FACS 50 – the Family and Social Issues</b>
	<b>9. Professional Ethics &amp; Practice</b>	<b>FACS 160 – Communication &amp; Education in FCS AND FACS 168 – Senior Seminar</b>
	<b>10. Family Life Education Methodology</b>	<b>FACS 155 – Family Life Education</b>
	<b>11. Internship/Practicum (minimum 3 semester credits and 125 clock hours)</b>	<b>FACS 195C - Internship</b>